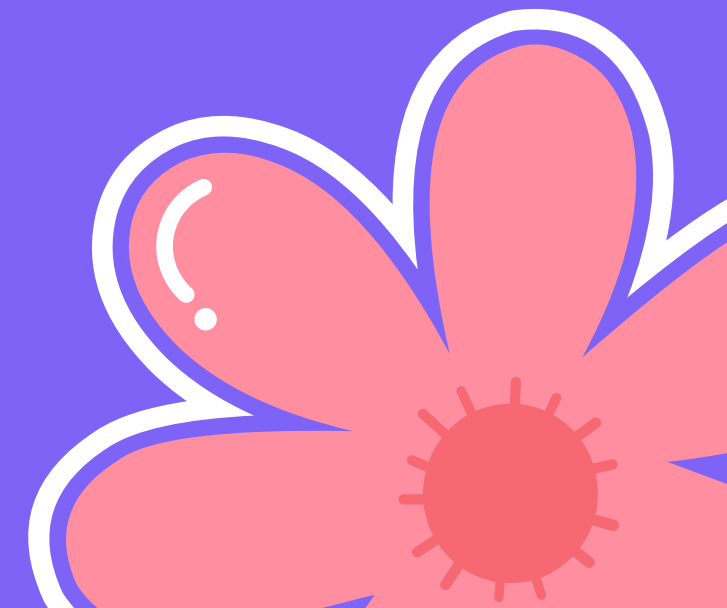
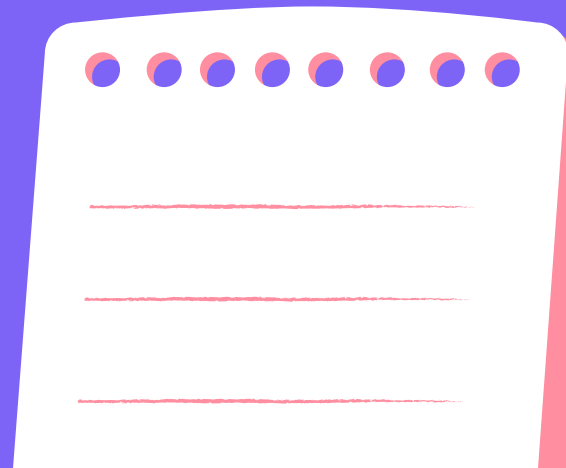
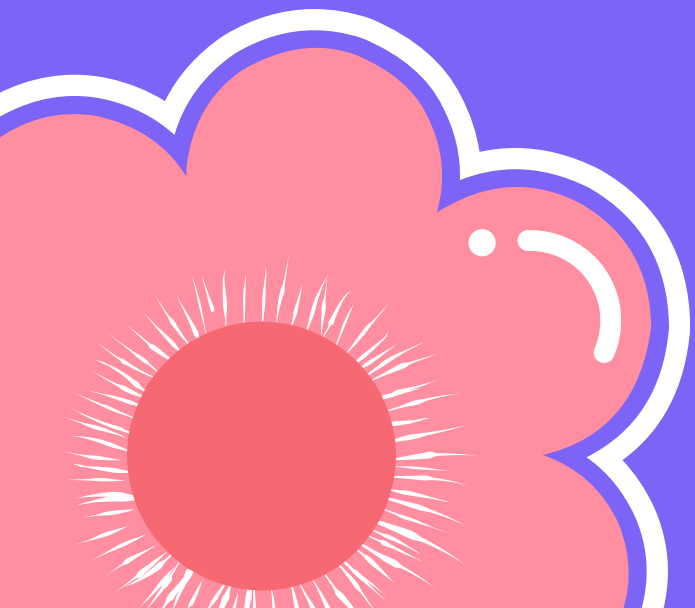
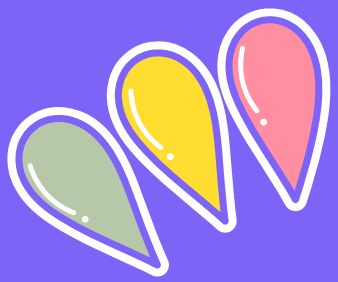




IT'S TIME FOR MY

IRON INFUSION





IRON INFUSION

Contact Trish
findyoursparkle85@gmail.com
0494 195 677



GETTING AN IRON INFUSION CAN FEEL OVERWHELMING.....

BUT I KNOW THAT IT WILL HELP ME TO FEEL BETTER AND I WILL HAVE MORE ENERGY TO DO THE THINGS THAT I LIKE TO DO

Play sport

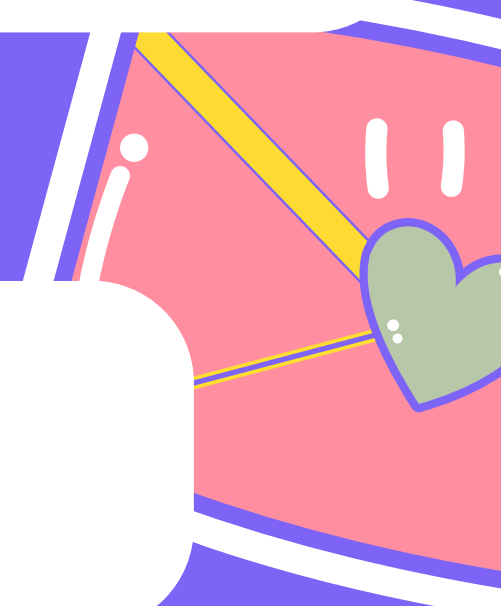
**Go to puppy
preschool**

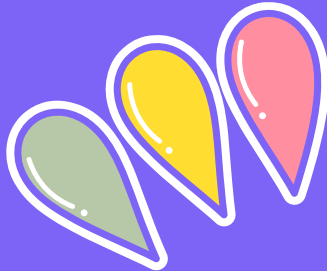
**Spend time
with friends**

Stay up late

Go Shopping

**Find new
waterfalls**



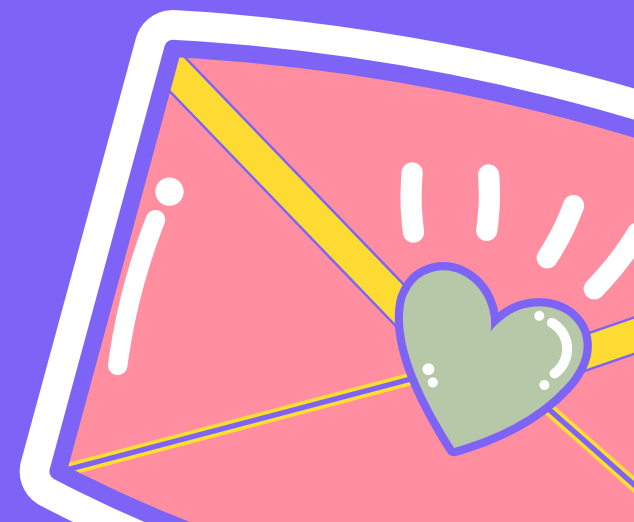
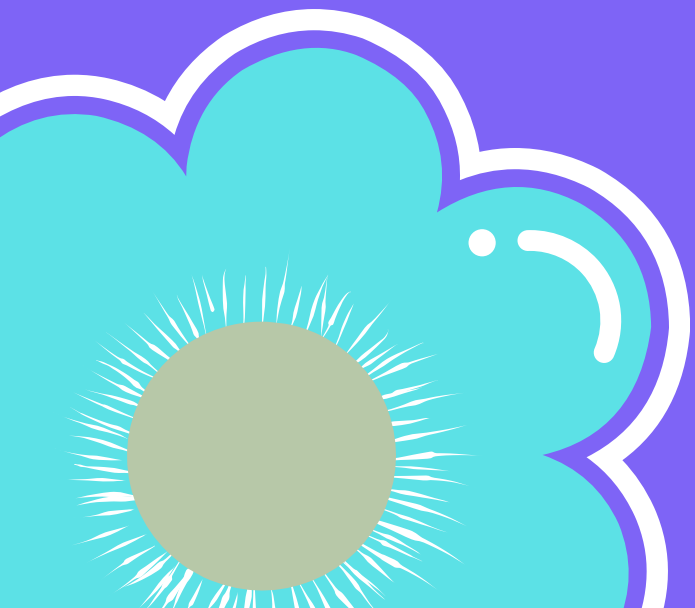


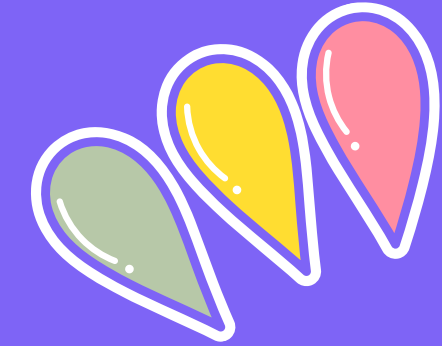
REGULATION IDEAS

**If I feel nervous, I can
listen to music or read
my favourite book.**

**I can take deep
breaths and go at my
own pace.**

I am not alone

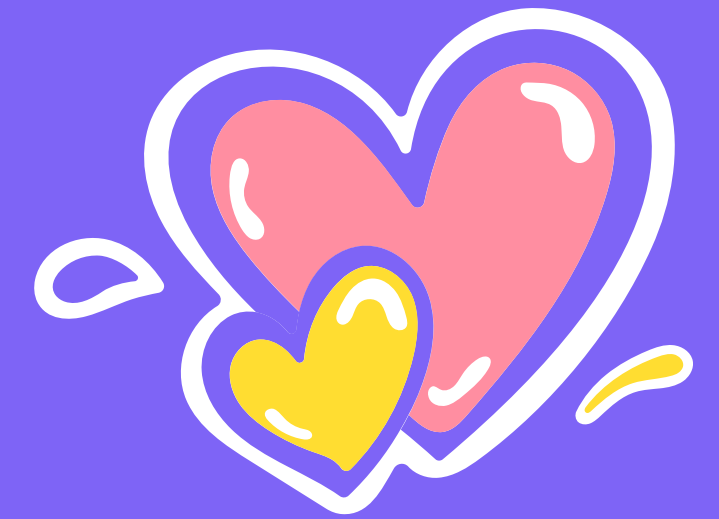




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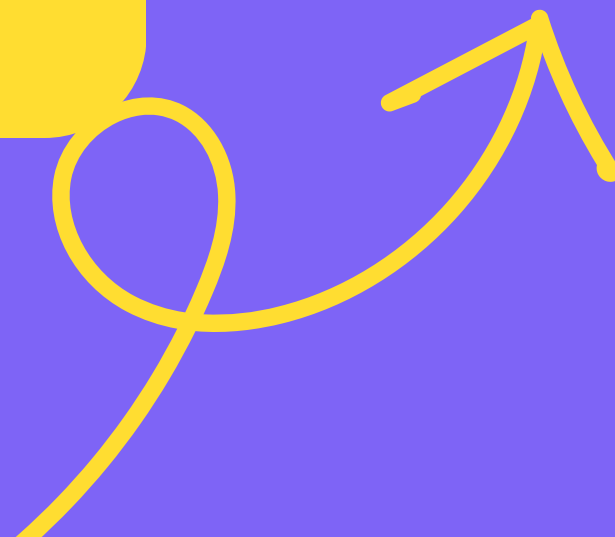


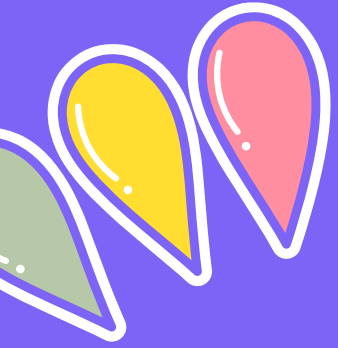
LET'S BEGIN!



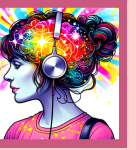
DURING THE
INFUSION, MUM AND
NURSE TRISH STAY
WITH ME. THIS WILL
HELP ME FEEL SAFE.

AFTER THE INFUSION, I
WILL START TO FEEL
BETTER AND I WILL
HAVE MORE ENERGY TO
DO THE THINGS I ENJOY.



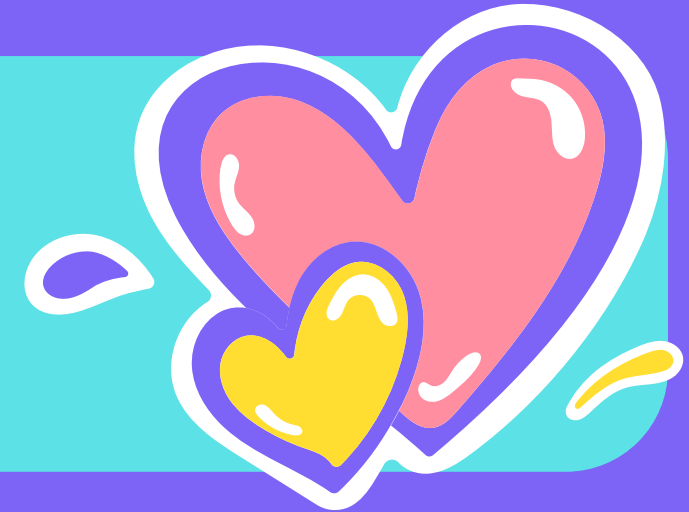


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0494 195 677



EMLA CREAM

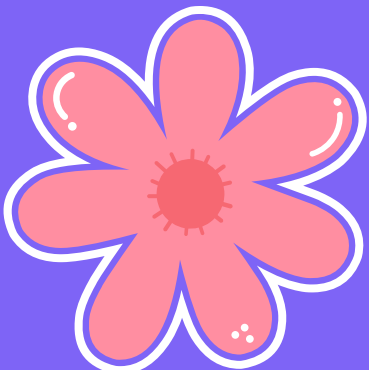
TRISH WILL PUT SOME EMLA ON MY ARMS IN THE SPOTS
THAT THE DOCTOR SUGGESTED



THE TREATMENT ROOM



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findyoursparkle85@gmail.com
0494 195 677



**When I arrive....
the treatment
room will be ready.**

**I can sit in the
green chair**

**There will be some
equipment out
ready for the
Doctor**

**While I wait for the
Doctor to be ready....
The nurse will give
me a quick check up**

THE CANULA



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When I am Ready I will put my arm out for the Doctor



THEN
The Doctor will put
on the tourniquet
and
might tap my arm
so they can find a
vein

THE CANULA



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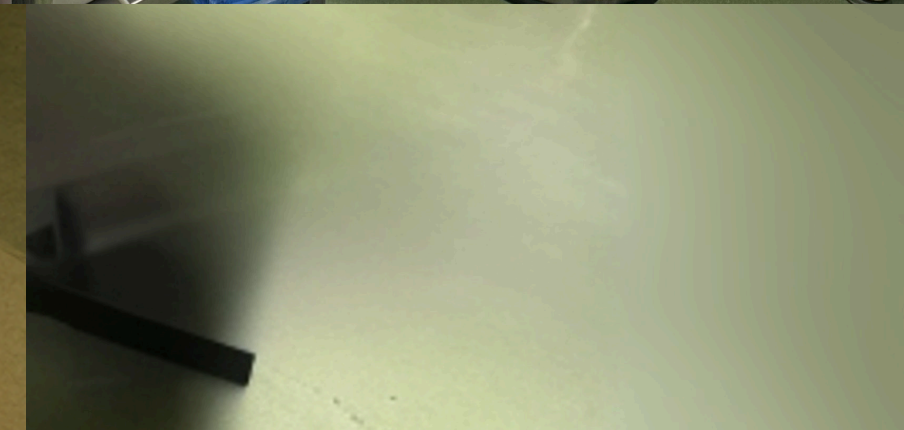


The Doctor will clean my arm with an alcohol wipe (that smells 😞)
Once my arm is dry and I am ready
The Doctor will insert the canula
then, tape it down

REMEMBER IT
IS ONLY A
PLASTIC STRAW
THAT IS LEFT
IN MY ARM

THE NURSE
WILL HELP
THE DOCTOR
TO PUT TAPE
ON MY ARM

THE INFUSION



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**The nurse will
prepare the
infusion once
the canula is in**

**The nurse will do
some obs and will
stay with me while
the infusion runs**

**The infusion
will take about
30 minutes to
run through.**

**The infusion
will be a brown
colour.
This is normal!**

AFTER THE INFUSION



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**I will need to stay
another 15 minutes
& the nurse will do
my obs again.**

**The nurse will
remove the canula
before I leave.**



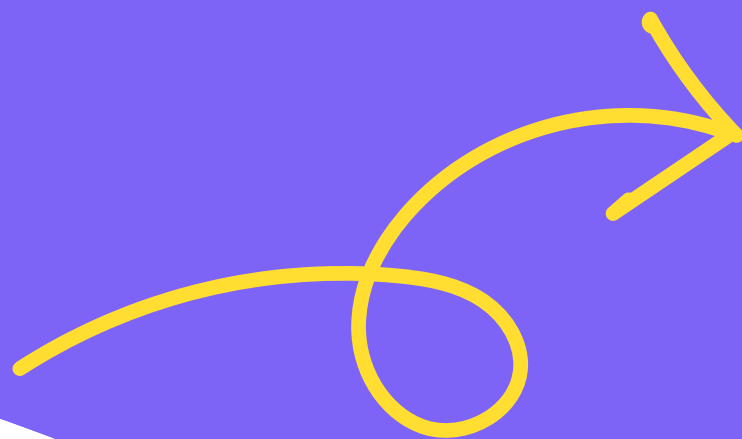
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WHAT WENT WELL??

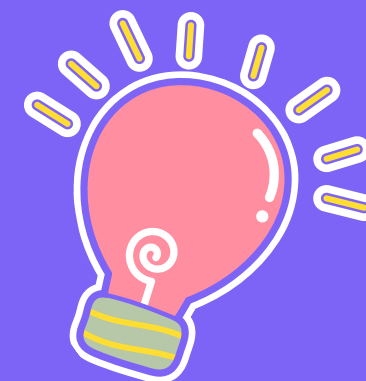
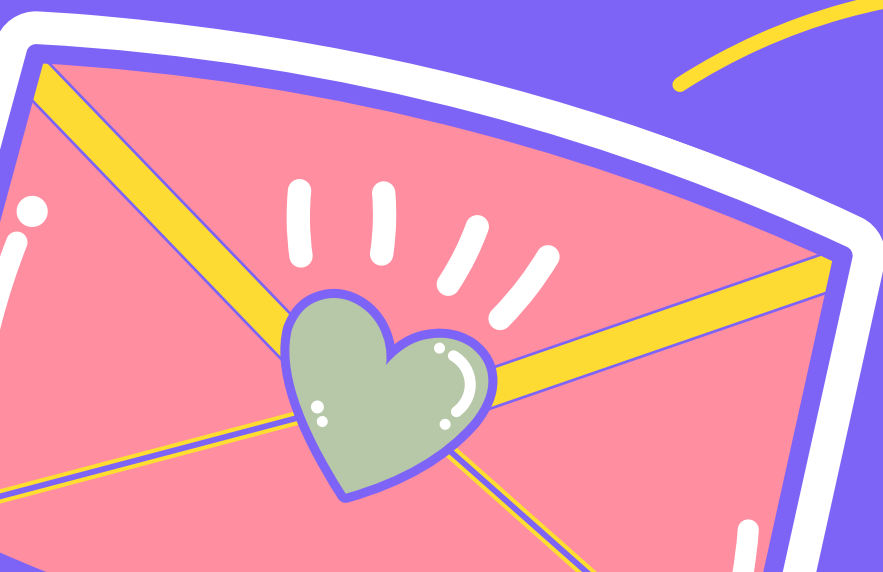


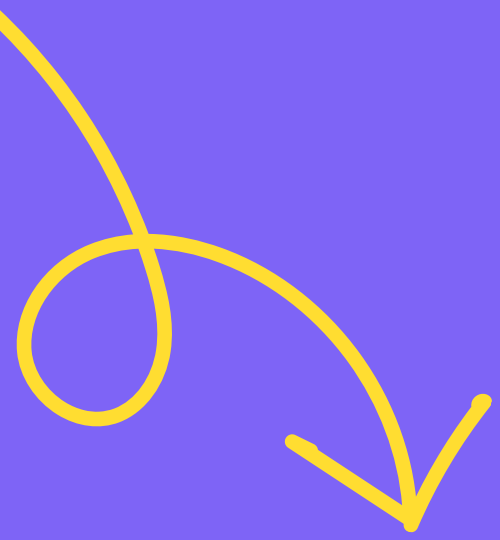
List 2 things that went well today



1.

2.





WELL DONE!



This social story was created by Trish
Neurodivergent CNC & Educator
findyoursparkle85@gmail.com
0494 195 677

